**Death Through Adam, Life Through Christ**

Praise be to God. Today’s meditation is based on Romans 5:1221.

This passage reminds us of

the sin that came upon us through the first man and the redemption which was given through

the son of God.

The scripture tells us that God created man in his own image and that the disobedience of the

first man Adam rendered us as sinners. The only way that redemption could come to us was

through the blood of the son of God, which it did, if we are ready to accept it. The passage

reminds us that our redemption through Jesus brought us justification and that it goes far

beyond simple redemption from Adam’s act of disobedience. It renders us special when we

accept him as our saviour.

Learning about the redemptive power of the blood of jesus and passing it on to the next

generation is the greatest gift that we can impart to them.

We would like to relate this to our lives and our families and the sin around us. In the world we

live in we shield our children from many things when they are with us. They are under our wings

and are protected. This protection will not be as effective as they go out into the world. The

saving grace for christian parents is the relationship that we can help them build with our eternal

father who covers them from above. Learning about the redemptive power of Christ’s sacrifice

and his protection will enable our children to tackle what the material world will throw at them.

During this time of lent it is also important that we understand the ability that we have in our own

small way to make a difference and “fast away” from indifference around us. We will leave you

with a quote from Pope Francis.

***“When we fast from this indifference, we can began to feast on love. In fact, Lent is the***

***perfect time to learn how to love again …. If you want to change your body, perhaps***

***alcohol and candy is the way to go. if you want to change your heart, a harder fast is***

***needed.*** ” **Pope**

**Francis**

*With Prayers Cyrus,*

*Somy, Tim & Neil*

*February 18th 2016*